



JOIN US FOR THE FAMILY FITNESS FUN CLUB

**SATURDAY DATE TBD
10:00 AM – 2:00 PM**

SITE TBD

Join NHS of South Buffalo and some of our local nonprofit friends for a family day of fun and learning how to help *all* the members of your family get physically and financially fit!

REGISTRATION \$5 PER PERSON

**NHS of South Buffalo will give simple tips that everyone can follow to save \$\$\$
GET A FREE PIGGY BANK**

**Grassroots Garden will share the fun of gardening and the importance of fresh vegetables
GET FREE SEEDS**

**Other Participants
TBD**

SPACE IS LIMITED TO 20 PARTICIPANTS SO REGISTER EARLY!

Call 823.3630 TO PRE-REGISTER

